

## *Health Improvement*

**Body Moves**, a low-impact exercise class for women and men, schedules sessions during the fall and spring.

The group meets every Monday, Wednesday and Friday from 8:30-9:30 a.m. in the Family Life Center for ten weeks. The sessions include devotions, prayer and singing. The fall 2017 session begins November 11. Cost of the class is \$27 for 27 sessions. Contact Linnea Graen at 319-266-6195 for more information or to register.

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## *Special Events*

~Jubilee Cluster is hosting an event at St. Paul Lutheran Church in Cedar Falls on Saturday, September 23, at 9:30 a.m. Lunch will be served.

~The New Aldaya Pancake Breakfast is Saturday, October 21.

~The Fall Lutheran World Relief Ingathering will be Saturday, November 4, at Zion St. John Lutheran Church in Sheffield, Iowa.

~The December Salad Luncheon is on Wednesday, December 13, at noon in Bethel Hall.

## *Nazareth Women's Ministry*

*provides opportunities for women to learn who Christ is, what He has done for us, and how He can inspire us to serve others.*

*Call to learn more about Women of Nazareth and our ministries.*

*Donna Kirschenmann*

*319-483-1994*



## **Nazareth Evangelical Lutheran Church**

7401 University Avenue

Cedar Falls IA 50613

319-266-7589

[www.naz.org](http://www.naz.org)



## *Women's Ministry*

*September 2017 to February 2018*

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### *Our Prayer*

*Lord, bless us as women to be able to explore our gifts and talents with confidence, and give us courage to reach out to others and to support and love them in the name of Jesus. Amen.*

*Inspired by 1 Chronicles 4:10*

## *Bible Study & Fellowship Groups*

**Circles:** Five small groups associated with Women of the ELCA (WELCA) meet monthly. The Gather magazine's Bible Studies are used in each circle.

### Wednesday Circle

**Time:** 9:15 a.m.  
**Location:** Room 156

**Dates:** September 13, October 11, November 8, December 13, January 10, and February 14

### Thursday Circles

**Times:** 7:00 a.m., 9:15 a.m., 1:00 p.m., 7:00 p.m.  
**Locations:** Room 156, Room 156, Room 158, Glen Meadows, 7703 University Ave., C.F.

**Dates:** September 14, October 12, November 9, December 14, January 11, and February 15

**Bible Study Fellowship (BSF): A Women's Bible Study on the Book of Romans** takes place every Thursday from 9:15-11:15 a.m. in Room 151 from September to May. Please contact Diane Curtis at 319-415-1383.

**Moms Next**, a group for mothers of elementary-aged children, meets during the school year on the second and fourth Tuesdays of the month at 9:00 a.m. in Room 155. Contact Connie Peet at 319-553-9395.

## *Service Groups*

**Kits & Quilts** workers meet at 9:00 a.m. in the Underground on the first Monday and third Monday of the month and the Tuesday immediately following. The group makes quilts and assembles school kits, fabric kits, personal care kits and baby care kits for Lutheran World Relief. For more information, please contact Sandra Heller at 266-8668 or Barb Ericson at 319-493-5039.

**Love Gifts** support the work of Kits and Quilts by helping to fund the purchase of materials for personal care kits, school kits, sewing kits and baby care kits. These financial gifts also help pay shipping costs. **Love Gifts** start at \$5.00 and can be purchased in the church office.



**Funeral Luncheons** are prepared and served by volunteers. To learn more about this ministry, contact Barb Burbridge at 319-266-7589.

**The Caring Heart Quilters** meet every Tuesday from 9:00 a.m. to noon in Rooms 221-223 to make quilts for Lutheran Bible Camp auctions. Both beginning and experienced quilters are invited to join. Contact Vickie Moe at 319-266-3346 for more information.

## *Service Groups, continued*

**The Prayer Shawl Ministry** team meets the first and third Tuesdays of the month at 9:00 a.m. at New Aldaya to knit and crochet shawls for people in need of prayer and comfort. They also make baptism and confirmation shawls, and hats for chemotherapy patients. For more information, call Dixie Nederhoff at 319-269-2776.

**Luke 9 Ministries: Women in God's Service** helps struggling families with prayer and assists with needs they may have. For more information, email [luke9ministries@gmail.com](mailto:luke9ministries@gmail.com).

**The Bremwood Auxiliary** meets in Waverly four times a year. Fall 2017 meetings are September 14 and October 20 at 1:00 p.m. in the Spiritual Life Center on the Bremwood Campus. Contact Donna Kirschenmann at 319-483-1994 for more information.

**Highland Elementary School Ministry** offers opportunities to serve Nazareth's Partner in Education. Volunteer activities include mentoring, serving in the classroom and assisting with special school events. To learn more, contact Barb Witzel at 319-266-6024 or Enrique Ochoa at [q@naz.org](mailto:q@naz.org).

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*This is the day the LORD has made;  
We will rejoice and be glad in it.*

*Psalms 118:24*

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