



DISCIPLESHIP

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SEPARATE REGISTRATION REQUIRED FOR IF:GATHERING, RIVERSIDE, PERSPECTIVES, BSF AND FINANCIAL PEACE

NEW SMALL GROUPS AND SPECIAL EVENTS

Title: **Circle Up - a 4-Part Study to Start a New Small Group**

Facilitators: Looking to make groups of 8-12 people..all females, all males or married couples.

Time: Anytime Location: Anywhere

Description: Circle Up is a 4-week study that casts vision for what can happen in your group, explores how authentic community contributes to spiritual growth, and urges every member to share ownership in the group so that you can maximize the potential of your time together.

Title: **IF:Gathering 2019**

Dates: Friday and Saturday, February 8 & 9

Location: Nazareth Evangelical Lutheran Church

Description: If:Gathering exists to equip women with gospel-centered resources, events, and community so they may learn more about who God is and disciple other women right where they are. Inspired by the question from IF:Gathering Founder and Visionary, Jennie Allen: "If God is real... then what?" our global team consists of 10 staff members, 5 interns, and over 7,000 IF:Local leaders around the world who are dedicated to reclaiming the priority of discipleship as God's method to changing the world. Through technology and our events, we have reached more than one million women in 179 countries. Cost of registration is \$25. **Register online at <https://cedarvalleyiowa.iflocal.com/if-cedar-valley>.**

Title: **Riverside Marriage Retreat**

Date: March 1-3

Location: Riverside Lutheran Bible Camp in Story City, IA

Description: God's Word is powerful and we believe it affects lives and marriages! Throughout this weekend, couples will enjoy time together with rest, worship, creative skits, laughter, time with our speakers, lots of fun, great food and great fellowship. Arrival is Friday evening, and the retreat ends with a brunch on Sunday. Cost of registration is \$150 for those staying at the camp. **Register at <https://www.riversidelbc.org/>.**

SUNDAYS

Title: **The Study of the Book of Galatians**

Dates: January 27 - March 3

Time: 8:00 - 8:50 a.m.

Facilitators: John and Laurie Larsen

Location: Room 158

Description: The book of Galatians is the charter of Christian freedom. In this profound letter, Paul proclaims the reality of liberty in Christ - freedom from the law and the power of sin, and freedom to serve our living Lord. (Description taken from Life Application Bible - NIV).

Title: **Biblical Literacy: The Exodus**

Dates: Sundays, January 6 - May 19

Time: 9:30-10:30 a.m.

Facilitators: Jay and Stephanie Boeding

Location: Room 160

Description: We'll explore the life of Moses through the books he wrote and learn how God rescued his people from slavery and trained them in the wilderness to know, love and trust in the one true God. Studying the Old Testament together will add a whole new layer of understanding to the good news that we are rescued by Jesus.

Title: **The Prayer Course**

Dates: Sundays, January 6 - February 17

Time: 9:20-10:30 a.m.

Facilitators: Bill and Susie Zimmerman

Location: Room 158

Description: A 6 week video/discussion from Alpha on the Lord's Prayer. All are welcome and we promise that we will not have homework.

Title: **A Bible Study on the book of Romans**

Dates: Every Sunday

Time: 10:10 - 11:10 a.m.

Facilitators: Larry Leutzinger and Adrian Talbot

Location: Room 155

Description: Romans provides the fullest expression of Paul's theology. The book of Romans addresses important issue of interest to the church in Rome and to Nazareth. All are welcome and insightful discussions are encouraged.

Title: **MidKids**

Dates: Every Sunday

Time: 10:10-11:10 a.m.

Facilitator: David Duncan

Location: Room 156

Description: Join Naz folks as they explore God's word together.

Title: **Financial Peace University**

Dates: Sundays January 13-March 10

Time: 6:00-8:00 p.m.

Facilitator: Aaron Sannes

Location: Room 151

Description: What if you knew where all of your money was going each month? What if you were debt-free, investing and making wise spending decisions? With Dave Ramsey's class Financial Peace University, you CAN take control of your money and start planning for your future. Join us for this life-transforming class! Cost of registration is \$99. **Register at <https://fpu.com/1078717>.**

MONDAYS

Title: **Centering Prayer**

Dates: 2nd and 4th Mondays of each month starting January 2018

Time: 3:30 - 4:30

Facilitators: Lorene Wellnitz and Margaret Shay

Location: Room 158

Description: Craving a time of peace in your hectic life? Seeking silence as you intentionally listen to God during prayer? Centering prayer gives you the opportunity to "be still" and to experience the Lord in intentional moments of silence and reflection. All are welcome.

Title: **Perspectives**

Dates: Monday evenings January 14th - April 29th

Time: 6:00 pm - 9:00 pm

Facilitators: Maureen Hanson and Jill Hanus

Location: Cedar Valley Church, 3520 Ansborough Ave., Waterloo

Description: Perspectives on the World Christian Movement is a class designed to help us examine God's word, God's world, and God's work. It is a fifteen week course designed around four vantage points or "perspectives" — Biblical, Historical, Cultural and Strategic. If you want to gain more awareness of God's hope for all nations and how you can be involved, this class is for you. Change your vision of the world. See the world like Jesus does! Cost of registration is \$250, with a \$100 scholarship available for all Nazareth members. \$50 Family Discount for persons after the first in a family to register. Email cpperspectives@gmail.com with questions. **Register at perspectives.org** and select the Waterloo/Cedar Falls class.

TUESDAYS

Title: **Young Adults**

Dates: Ongoing beginning September 4th

Time: 7pm

Facilitators: Lindsay McDonald & Troy Olson

Location: Nazareth Room 301 & Various off campus locations

Description: Join with other young adults from Nazareth Tuesdays this fall. We will meet at the church at 7pm, some weeks we will stay and do a Bible study, other weeks we may go off campus for a social gathering. Join the Facebook page "Young Adults at Naz" or talk to Lindsay McDonald for more information.

WEDNESDAYS

Title: **Men's Prayer Breakfast**

Dates: Every Wednesday

Time: 6:30-7:30 a.m.

Facilitators: Pastors Brian King and Denny Hanson

Location: College Square Hy-Vee

Description: This is a gathering of men each week that sing, pray, and engage in a study and discussion of a book in the Bible selected by the group. This fall we are studying the book of

Title: **Mom's Bible Study**

Dates: Wednesdays: January 16 - May 29

Time: 9:30 - 10:30 a.m.

Facilitators: Molly Depping, Jenny Nelson

Location: Room 158

Description: This winter/spring session we will be diving into the IF:Equip study "Woven: The Art of Disciple Making." In this five-week study, we provide a basic blueprint that helps women take practical steps toward building intentional relationships. Discipleship isn't a to-do list nor a program; we believe it is a weaving together of individuals' lives and stories, just like we're woven into this great redemption story. To help you get started, we present Jesus' call to discipleship and a basic cycle of what discipleship looks like. **Free childcare is available.

Title: **Making Christ Known...A History of Nazareth Lutheran**

Dates: Wednesdays, February 6, 13, 20 and 27

Time: 1:15-2:15 OR 5:30-6:30 p.m.

Facilitator: Pastor Dennis Hanson

Location: TBA

Description: The class will be a review of research Pastor Denny began on his Sabbatical that will cover questions such as 'What moved Danish Lutherans to emigrate to America and come to Cedar Falls? What challenges did our ancestors in the faith face? What 'vision' did Nazareth have for ministry, and what adaptations had to be made in order that Christ could be made known? What is the difference between 'Happy Danes' and 'Gloomy Danes' (Grundvigianism and Inner Mission)? What lessons can we learn from those who journeyed before us? What inspirational 'stories of faith' are there for us to hear? This class is in preparation of the celebration of Nazareth Lutheran's 150th anniversary, that will happen in 2021. The treat of a Danish pastry will be a part of the class.

Title: **Men's Promise Keepers Bible Study**

Dates: Every Wednesday

Location: Room 160

Facilitators: Pastors Brian King and Denny Hanson

Time: 12:00-1:00 p.m.

Description: This is a weekly men's gathering centered on prayer and study and frank discussions of the Bible texts and themes that will be the focus of the upcoming Sunday's worship teaching.

Title: **The Prayer Course**

Dates: Wednesdays, January 16 - February 27

Location: Room 151

Facilitators: Various Naz leaders

Time: 6:00 - 7:15 p.m.

Description: A 6 week video/discussion from Alpha on the Lord's Prayer. All are welcome and we promise that we will not have homework. Free childcare and children's ministry programming is available.

Title: **POWW (Parents on Wednesdays Worship)**

Dates: Wednesdays (during WOW/Jump56 programing)

Location: Room 301

Facilitator: Meg Husted

Time: 6:00-7:15

Description: An open parent small group that offers community, opportunity to talk about parenting, discussion on tips for discipling our children, and building on our own faith and knowledge as parents. We will base conversation on stories/topics being discussed in Wednesday night programing. Parents do not need to have a child attending Wednesday night programming to attend. **Free Childcare available.

THURSDAYS

Title: **Women's Bible Study Fellowship (BSF)**

Facilitators: Carmen Christie, Diane Curtis, Dani Christensen, Anne Davis, Rory Dunkelberger, and Janice Riggs

Dates: Thursdays

Location: Room 151

Time: 9:30 a.m. to 11:00 a.m.

Description: People of the Promised Land, Part I - Beginning with Israel's entrance into Canaan under the leadership of Joshua, People of the Promised Land I charts the ups and downs of the nation of Israel through the united kingdom, from Joshua to Solomon. We will study the books of Joshua, Ruth, 1 and 2 Samuel, 1 Kings 1-11 and overviews of Psalms and Proverbs. Come and learn how God would show His people His desire for holiness for their good and His Glory. Come and realize the struggles of the men and women of the Old Testament regarding sin and holiness are the same struggles that we have today. Come and learn of God's faithfulness to His own. Come and experience the joy of studying God's word with over seventy women as we learn of God's plan and power by personal study, discussion groups, dynamic teaching, and insightful commentary. Our study begins on September 13 and runs through May 2. **Register online at <https://www.bsfindernational.org/classes/joining-a-class>.**

Title: **Search Bible Study**

Dates: Every Thursday

Location: Room 160

Facilitators: Pastors Brian King and Denny Hanson

Time: 10:30 - 11:30 a.m.

Description: Each week men and women gather to sing, pray, and engage in the study and discussion of the Bible readings that will be the focus of the upcoming Sunday preaching and teaching. After the study participants are invited to join in on the Senior Fellowship Luncheon that is served in Bethel Hall.

ADDITIONAL OPPORTUNITIES

Title: **Women of the ELCA**

Locations: Rooms 156, 158, New Aldaya and various homes

Facilitators: Pastors, various Circle members

TIME: hours vary from early morning, mid morning, afternoon and evening.

Description: Women of the ELCA is the churchwide organization for all women who are members of Nazareth. The three main areas of focus are:

- 1) Discipleship – Monthly Bible study found in the GATHER magazine. Five Circles meet monthly on a Wednesday or Thursday to study God's Word.
- 2) Justice – Each month a specific topic such as human trafficking, spiritual hospitality, needs of the deaf community, advocacy, gender equality, assisting veterans) is discussed to bring awareness to the group;
- 3) Stewardship – An active Kits & Quilts group meets 3 times a month to create quilts, gather supplies and pack school bags, baby care kits, personal care kits and fabric kits for distribution through Lutheran World Relief. A Prayer Shawl ministry that creates prayer shawls, mantles, baby blankets for baptisms and infants caps is open to anyone wishing to knit or crochet.

Title: **Sermon-Based Small Groups**

We invite you to gather with family and friends to discuss the Biblical texts and lessons from Sunday morning sermons. Using the notes and questions within the Sunday bulletin, we encourage you to reflect together upon the ways you can more deeply know Christ, more fully grow in Christ and more effectively make Christ known. This is a great opportunity to "go beyond Sunday morning" in your journey as a disciple of and disciple-maker for Christ.

Title: **Online Mentoring**

God calls every single Christ follower to be a faith sharer; a spiritual multiplier. If that's an area where you want/need to grow, online mentoring might be perfect for you. Through Naz's partnership with The Life Project and The Digital Doorway, you'll be trained to respond to anonymous online messages sent to you from hurting/lonely/questioning people looking for answers on the Internet. Training and mentoring online as available. Mentors will be invited gather periodically to share insights, tips, and stories.