

# Time as Treasure

Do not store up for yourselves treasures on earth,  
where moth and rust consume  
and where thieves break in and steal;  
but store up for yourselves treasures in heaven,  
where neither moth nor rust consumes  
and where thieves do not break in and steal.

For where your treasure is, there your heart will be also.

(Matthew 6:19-21)



## CHALLENGES

**Read the above passage with your family.**

**Talk about the following questions as it relates to how we use our time:**

- What are the things that take up our time each day and how much time do we spend on each?
- It seems like we treasure the most those things we spend the most time on. What are we spending most of our time on?
- How much time are we spending with social media and technology?
- In light of God's plan for our wanting our hearts to be focused on growing closer to Him and to share His love with the world, is it too much? What are some ideas you have for making changes?

**Head to this link in order to create a family media use plan or a family media time plan or make a plan of your own!**

- <https://www.healthychildren.org/English/media/Pages/default.aspx#home>

